



ADHD/ADD

Le**Millenia:** (blue tansy, chamomile German, elemi fir, frankincense, geranium, lavender, rosewood, spruce)

★ Assists in balancing emotions, bringing clarity to make decisions, discerning what is really needed to be happy and content, aligning right and left lobes of the brain (put a drop on each index finger and put the left finger on the right temple and the right on the left, and hold for a minute). Supports energizing the chakras and aligning the electrical energies and physical structure of the body. Useful as aromatherapy to enhance feelings of calmness, courage, confidence, self-esteem and relaxation.*

Le**Tranquility:** (blue tansy, geranium, chamomile German, lavender, palmarosa, patchouli, orange sweet, tangerine, ylang ylang). ★ Useful for: stress, depression, migraine and tension headaches, sleep aid (when the mind won't quit), promoting calmness, enhancing circulation to the extremities, relieving panic attacks and other anxiety-based disorders. Enhances the development of inner strength, patience, understanding and confidence.*

*This information does not represent any implied or express warranties and has not been evaluated by the FDA. Not intended to prescribe, diagnose, prevent or cure any disease or condition. "Le" denotes Butterfly Express blend.

Kit Contains:

Two 5/8-dram pure essential oils
0.78 fl. oz. (2.3ml) ea.

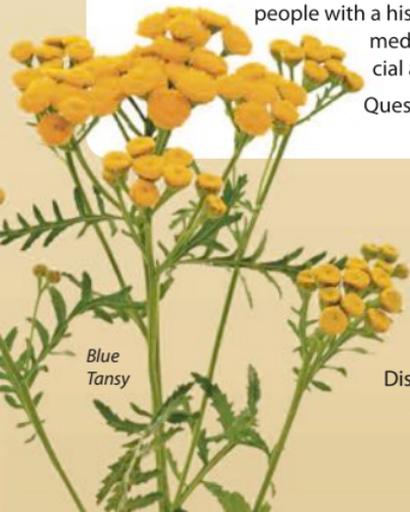
100% Pure “Therapeutic Grade” Essential Oils

Aromatherapy Uses: Open a bottle and take a few breaths, add a few drops to a diffuser, put in an inhaler, put on cotton ball or cloth and clip to vent, add a few drops to bath water or on shower floor.

Topical Uses: Put about a dime- or nickel-size amount of carrier oil in your hand, add 1–3 drops of essential oil. Mix and apply to bottoms of your feet or along the insides of the foot (the spine in foot zone and reflexology therapy). The bottoms of your feet will take the oil all through your body. Apply to wrists where you can get a whiff as you move them around, or place of drop of tranquility behind your ears to use as a cologne.

CAUTIONS: Keep out of reach of children. Quality, 100% pure, “Therapeutic Grade” essential oils are highly concentrated plant extracts and should be diluted with use. They absorb easily through the skin. Ingestion could potentially cause irritation to the digestive system, and is not recommended. Begin slowly, with small amounts; too much oil may trigger a “cleanse” in the body. All people should consult essential oil cautions lists. Young children, pregnant or nursing women, and people with a history of potent prescription use should consult their medical provider before using essential oils and pay special attention to caution lists.

Questions? Contact: Info@EssentialOilsToGo.com.



Blue
Tansy



Distributed by Healthy Sole-u-tions LLC, So. Jordan, UT, USA

www.EssentialOilsToGo.com